



BELIZE

AMBERGRIS CAYE

Snorkel Hol Chan Marine Reserve & Shark Ray Alley



- Named for the Mayan term for “little channel,” Hol Chan Marine Reserve hugs the coral reef and features abundant marine life
- Shark Ray Alley is home to friendly stingrays, nurse sharks, turtles and more
- Includes bottled water, snorkel equipment and roundtrip transportation

Lamanai Maya Temples & the New River Safari



- A boat tour of the New River brings you close to wading birds, spider monkeys and crocodiles
- Explore the ancient history of Belize by visiting the Maya temples at Lamanai on an archaeological walk of the site
- Roundtrip transportation, park fees and lunch included

COLOMBIA

BOGOTA City Tour + Monserrate + Paloquemao + Lunch



- Immerse yourself in the wonders of this bustling capital city on a guided tour
- Visits Bogota’s most popular attractions, including sacred Monserrate Hill, colorful Plaza de Paloquemao, Gold Museum and more

CARTAGENA Real Food. Real People in Cartagena



- Savor every delicious moment on a guided walking tour
- Explore the culture and cuisine of this vibrant city and its people, enjoying tempting tastings along the way

Consult your travel advisor whose advice is priceless.

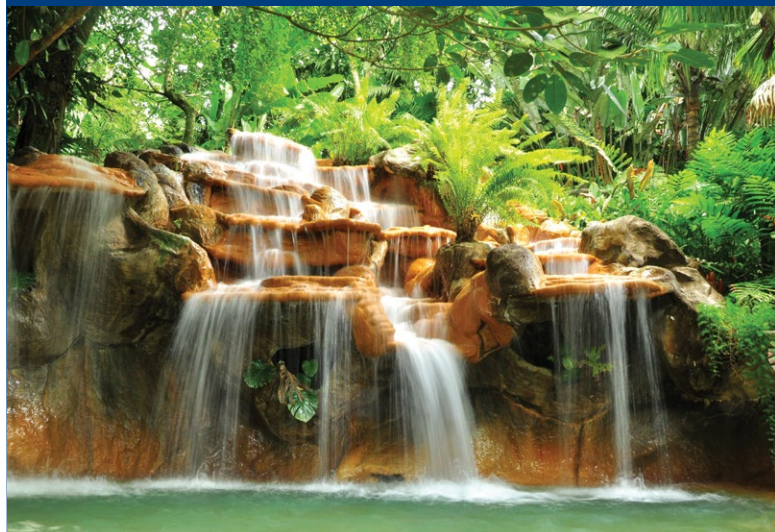
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Central & South America Activities

By land, sea or air, day or night, discover the best activities, tours and adventures Central & South America have to offer!



Let the Central & South America experts at Pleasant ActivitiesSM assist you in choosing the ideal adventures and tours for an unforgettable experience. From hiking the base of an active volcano, ziplining high above the canopy and navigating a quiet river in the jungle, to gently crossing hanging bridges, exploring a coffee plantation and enjoying vibrant city life, Pleasant Activities offers the best value from the most reputable companies.



FOR ADDITIONAL ACTIVITIES AND INFORMATION, VISIT

PleasantActivities.com



CENTRAL & SOUTH AMERICA



With many exciting activities and tours available throughout Central & South America, let the Pleasant Activities experts help you choose your ideal activities, from wildlife exploration, whitewater rafting, ecotourism excursions and zipline safaris to experiencing thermal hot springs, tropical rainforest adventures and guided bilingual tours, to name a few.

We have highlighted a small sampling of the most requested adventures awaiting you in these natural, eco-friendly destinations. Visit PleasantActivities.com for the complete selection. Advance reservations are highly recommended to ensure availability, preferred days and times.

COSTA RICA GUANACASTE

Vida Aventura Super Combo



- One-day trip featuring a combination of ziplining, horseback riding, volcano views, thermal springs, spa and mud bath
- Located in the Guanacaste mountain range with cool, comfortable temperatures
- Tour the "White City" of Liberia on the return trip

Pozo Azul Whitewater Rafting Tour



- Ideal for adventure seekers, test your courage on the rapids of the Tenorio River with its class III and IV rapids
- Transportation, tour guide and lunch provided

ARENAL Arenal Volcano Hike & Tabacón Hot Springs



- Begin your full-day tour with a gentle hike along the trails at the base of Arenal volcano
- Delight in the picturesque views of this natural volcanic wonder
- Enjoy a healthy soak in the thermal pools
- Transportation, bilingual guide and dinner provided

MANUEL ANTONIO Manuel Antonio National Park



- Experience an alluring combination of rainforest, beaches and coral reefs in this national preserve
- A naturalist guide offers insight on native plants and wildlife on this walking tour
- See lush landscape and wildlife including monkeys, butterflies and tropical birds

MONTEVERDE Monteverde Reserve



- Experience the Monteverde Cloud Forest on this guided half-day nature hike
- Visit the biodiverse butterfly gardens, and delight in the variety of plants in this climate-controlled environment

SAN JOSÉ

Poas Volcano/Doka Estate Coffee Tour & La Paz Waterfall



- This full-day combo tour features a set of excursions with three different adventures
- Visit the Doka Coffee Estate for a breakfast tour
- Explore the main Poas Volcano crater
- Continue to La Paz Gardens for lunch and tour, including trail hike and park exhibits

San José City Tour



- This half-day guided tour takes you into the vibrant, cosmopolitan capital of Costa Rica
- Visit the National or Gold Museum
- See the National Theatre, the University of Costa Rica, Supreme Court building and many examples of elegant architecture
- Explore shops for favorite handicrafts

AVAILABLE IN MULTIPLE LOCATIONS

Sky Trek/Sky Walk and Sky Tram



- Move along 3,280 feet of adventurous ziplines above the rainforest on Sky Trek
- Sky Walk is a guided tour combining hiking trails with suspension bridges above the canopy of the Monteverde Cloud Forest
- Savor the views in a 15-minute aerial Sky Tram tour through the rainforest to Miguel Angel observatory in Arenal

PANAMA

PLAYA BONITA Half-Day City Tour from Playa Bonita



- Enjoy a walking tour of the Casco Viejo section of Panama City to see sights including the National Theater and more
- Visit the Miraflores Locks on the Panama Canal to learn the canal's history and take in breathtaking views
- Shop indigenous crafts at a public market

Panama Canal Partial Transit



- Tour the famous Panama Canal by boat from the Chagres River junction to the Pacific Ocean, passing under the Centennial Bridge and through two sets of locks
- Marvel at the Panama City skyline and the Bridge of the Americas from the Bay of Panama on your way to Flamenco Marina